



FRIGID 5 MILER

Sunday, January 28, 2024 9:00am

Lake Metroparks Jordan Creek Park Concord Twp., Ohio

For more information visit: <http://www.gcxcrunningseries.com>

Race: Frigid 5 Miler \$30 thru 01/14/24 \$35 thru 01/27/24 \$40 race day

T-shirt size: YL S M L XL XXL (gender specific shirts)

First Name _____ Last Name _____

Email _____ Zip _____ Age on race day _____

Gender: Male / Female Start Time: 9:00 am

I accept that I compete in this event at my own risk and I hereby waive and release the event, GCXC, Greater Cleveland XC, Second Sole Mentor, Lake Metroparks, Concord Township, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: _____ (Parent or Guardian Signature Required if Under 18)

Please make checks payable & send to:

GCXC
c/o Frigid 5
8791 Mentor Ave., Mentor, OH 44060

